***Welcome to Being Hair Free!***

* To protect your health and safety, we utilize hospital level sanitation. Everything used in your treatment is thoroughly disinfected. We use sterile, disposable probes and sterile tweezers. Our staff always uses fresh disposable gloves for all services.
* If possible, please book your next appointment before leaving or do so ASAP through our online booking system ([**https://www.vagaro.com/ElementalElectrolysis**](https://www.vagaro.com/ElementalElectrolysis)**).** If you would like a particular day or time, you will need to be sure and book out your appointments well in advance to ensure that time is reserved for you.
* All of our practitioners are state licensed Registered Electrologists who studied at River Rock Electrolysis Institute. ***Shall your scheduled practitioner be unavailable for any reason we may assign you to another electrologist without notice.\****
* Promptness is requested to ensure your full treatment time. If you are more than 10 minutes late for a 30 minute or longer appointment, or more than 5 minutes late for a 15 minute appointment, you may need to reschedule as to not delay next appointment and may be charged for missed appointment.
* Please have a seat until called for your appointment. Even though we may not directly be in an appointment we may have some things to finish up before we can see you.
* We respect your treatment time. We do not interrupt your appointments to take phone calls. In order to keep our treatment fees low, one of our cost savings measures is not having a receptionist. We have private voice mail available should you call and we are not immediately available to answer your call.
* Please call ahead for any visit, we are not able to accommodate drop-ins, as one of our cost saving measures is to not have a receptionist. Thus, if we are in the office, we are assisting other clients.
* We encourage you to leave your children at home for everyone’s safety and comfort. Please do not bring guests with you. They will be asked to wait in common waiting area if you do as to not distract electrologist in treatment room.
* Payments may be made by Visa, MasterCard, personal checks or cash at the time of service.yttfc

**Referral Bonus Program**

The best advertising comes from happy clients. To inspire you to share our services with others, we offer a $10 referral reward for each person you send our way

Be sure your friend tells us your name when they come in. After their first paid appointment, we will credit your account $10. There is no limit to the number or rewards you can earn nor do they expire.

**Preparing for your Electrolysis treatment**

* Avoid caffeine 6 – 10 hours before treatment.
* Don’t smoke 2 – 4 hours prior to treatment.
* You may want to try taking your favorite OTC analgesic such as Tylenol, Advil or aspirin 30 minutes before your treatment.
* Consider using the topical anesthetic (numbing agent) we offer before you arrive for your treatment.
* Try taking an antacid an hour before treatment, it helps reduce redness double quick.
* Please remove anything from your mouth (gum, cough drops, candy) prior to treatment if having face work done.
* STOP plucking altogether! Remember this only causes your hormonal hair growth to become thicker!
* Leave hair long enough for us to treat if trimming between appointments.

**Skin Scriptive**

Maximize the benefits and success of your treatment experience by following the recommended home care regime and professional follow up care in accordance with your treatment plan.

**Your Treatment Plan**

To ensure the most effective treatments I recommend a \_\_\_\_\_\_\_\_\_\_\_\_every\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. We will reevaluate your progress every treatment and adjust your plan accordingly. With our current fee schedule, your cost for that is $\_\_\_\_\_\_\_ per treatment.

Our initial goal is to clear all unwanted hair from the skin’s surface. Depending on the density of your individual hair growth and tolerance this could take 1 or multiple treatments. From that point we are typically looking at 18-24 months of treatments to see all hairs in active growth stage and treat. There are many factors that affect individual hair growth. Each person and each part of the body has a different hair growth rate. At any given time we are really only seeing a small % of the actual amount of your hair. Where is the rest of it? It is below the skin surface in the form of a resting follicle or an active regeneration follicle. The best time to treat hair and achieve permanency is to treat it as it appears­­­­­­­­­­­­­­­­ –as a young growing hair.

It is essential that you come in for regular treatments to eliminate hairs in this early growth stage if you want to get the most for your electrolysis dollar and become hair free permanently as fast as possible.

**Recommended After Care**

* *Keep your skin clean by gently applying an antiseptic 2 or 3 times per day- more often if dirt or perspiration are an issue.*
* *An antibiotic cream such as Neosporin, may be helpful especially prior to working out or other vigorous activity to keep sweat from introducing bacteria.*
* *Be sure to use sunscreen! Avoid tanning and direct sun exposure for 48 hours after treatment.*
* *If you use makeup, reserve a fresh hypoallergenic formula for use after treatment so you do not contaminate the area.*
* *Avoid touching the treated area with your hands, no exfoliating for 48 hours after treatment and use caution prior to treatment.*
* *Begin manual exfoliating 48 hours post treatment.*
* *Avoid heavy creams or any type of AHA or similar product for 48 hours after treatment and use caution prior to treatment.*
* *Avoid acne or anti-aging products on treated area.*
* *Avoid submerging the treated area in hot tubs or river and/ or lake swimming for 48 hours post treatment*
* *Keep the area clean, cool and dry for at least 8 hours post treatment*
* *Report any skin reactions from treatment to use immediately*
* *Try some of the suggestions for making your treatment more comfortable before your next treatment.*
* *Remember to drink lots of water.*
* *Applying ice to the area immediately after treatment- be sure to use a barrier.*
* *You may find your skin feels very tight and dry, be sure to moisturize such as Aloe.*
* *Do NOT Tweeze! The offending new growth can be clipped or shaved up to 2 days prior to your next treatment.*

**Elemental Electrolysis (608)220-2436 6320 Monona Dr Suite 420 Monona, WI 53716**

\*We need to treat hairs in anagen phase for accurate, comfortable and effective treatments. Please be sure to stick as close as possible to suggested treatment schedule.